

SUN	MON	TUE	WED	THU	FRI	SAT
INTRODUCTION TO PRAYER SET ASIDE A DEDICATED TIME EACH DAY FOR PRAYER, EVEN IF IT'S JUST 5-10 MINUTES, TO BUILD A CONSISTENT HABIT.	OUR FATHER IN HEAVEN BEGIN YOUR PRAYERS BY ADDRESSING GOD AS "FATHER" AND SPEND A FEW MOMENTS REFLECTING ON HIS LOVE AND CARE FOR YOU.	HALLOWED BE YOUR NAME CREATE A LIST OF ATTRIBUTES OF GOD AND SPEND TIME EACH DAY PRAISING HIM FOR WHO HE IS.	YOUR KINGDOM COME PRAY SPECIFICALLY FOR GOD'S WILL TO BE DONE IN YOUR LIFE AND IN THE WORLD AROUND YOU. IDENTIFY ONE AREA WHERE YOU CAN ACTIVELY SEEK HIS KINGDOM.	YOUR WILL BE DONE WRITE DOWN YOUR DESIRES AND PLANS, THEN PRAY FOR GOD'S WILL TO BE DONE, SURRENDERING YOUR PLANS TO HIM.	OUR DAILY BREAD MAKE A LIST OF YOUR DAILY NEEDS AND THANK GOD FOR HIS PROVISION. TRUST HIM TO PROVIDE FOR EACH NEED.	FORGIVE US OUR SINS TAKE TIME TO CONFESS YOUR SINS TO GOD AND SEEK HIS FORGIVENESS. WRITE A LETTER OF FORGIVENESS TO SOMEONE YOU NEED TO FORGIVE, EVEN IF YOU DON'T SEND IT.
THE FRIEND AT MIDNIGHT CHOOSE ONE PRAYER REQUEST AND COMMIT TO PRAYING FOR IT PERSISTENTLY EVERY DAY THIS WEEK.	ASK, SEEK, KNOCK CREATE A PRAYER LIST WITH SPECIFIC THINGS YOU ARE ASKING, SEEKING, AND KNOCKING FOR, AND UPDATE IT REGULARLY.	GOD'S GOOD GIFTS REFLECT ON PAST ANSWERED PRAYERS AND WRITE THEM DOWN. THANK GOD FOR THESE GOOD GIFTS.	TRUSTING GOD'S TIMING IDENTIFY A CURRENT PRAYER REQUEST WHERE YOU NEED TO TRUST GOD'S TIMING. WRITE A PRAYER EXPRESSING YOUR TRUST IN HIS PERFECT TIMING.	OVERCOMING DOUBT IN PRAYER MEMORIZE A BIBLE VERSE THAT STRENGTHENS FAITH AND COMBATS DOUBT, SUCH AS MARK 11:24, AND RECITE IT DURING PRAYER	PRAYING WITH EXPECTATION APPROACH YOUR PRAYERS WITH A POSITIVE ATTITUDE, EXPECTING GOD TO ANSWER. WRITE A STATEMENT OF FAITH FOR YOUR PRAYER REQUESTS.	POWER OF COMMUNITY PRAYER FIND A PRAYER PARTNER OR JOIN A PRAYER GROUP TO EXPERIENCE THE POWER OF COMMUNITY PRAYER.
INTERCEDING FOR FAMILY WRITE DOWN SPECIFIC PRAYER NEEDS FOR EACH FAMILY MEMBER AND PRAY FOR THEM DAILY.	PRAYING FOR FRIENDS REACH OUT TO A FRIEND AND ASK HOW YOU CAN PRAY FOR THEM. PRAY SPECIFICALLY FOR THEIR NEEDS.	PRAYING FOR YOUR COMMUNITY WALK OR DRIVE AROUND YOUR NEIGHBORHOOD, PRAYING FOR YOUR COMMUNITY'S NEEDS AND BLESSINGS OVER ITS RESIDENTS.	PRAYING FOR THE CHURCH PRAY FOR YOUR CHURCH LEADERS, MINISTRIES, AND CONGREGATION. SEND AN ENCOURAGING MESSAGE TO A CHURCH LEADER.	PRAYING FOR YOUR WORKPLACE PRAY FOR YOUR COLLEAGUES AND SUPERVISORS BY NAME. ASK GOD TO BLESS YOUR WORKPLACE AND BRING HARMONY.	PRAYING FOR THE NATIONS CHOOSE A COUNTRY OR GLOBAL ISSUE TO PRAY FOR EACH DAY. EDUCATE YOURSELF ON THE NEEDS OF THAT NATION OR ISSUE.	PRAYING FOR THE UNBELIEVERS WRITE DOWN THE NAMES OF PEOPLE WHO NEED TO KNOW JESUS. PRAY FOR OPPORTUNITIES TO SHARE THE GOSPEL WITH THEM.
LISTENING TO GOD IN PRAYER SPEND A FEW MINUTES IN SILENCE DURING YOUR PRAYER TIME, ASKING GOD TO SPEAK TO YOU AND LISTENING FOR HIS VOICE.	PRAYING WITH SCRIPTURE CHOOSE A PASSAGE OF SCRIPTURE AND USE IT AS A BASIS FOR YOUR PRAYER. PERSONALIZE THE VERSES AS PRAYERS.	FASTING AND PRAYER CHOOSE A DAY TO FAST FROM A MEAL OR ACTIVITY AND DEDICATE THAT TIME TO PRAYER, SEEKING GOD'S GUIDANCE AND CLARITY.	JOURNALING YOUR PRAYERS START A PRAYER JOURNAL WHERE YOU WRITE DOWN YOUR PRAYERS, THOUGHTS, AND REFLECTIONS. REVIEW IT REGULARLY TO SEE HOW GOD IS WORKING.	CREATING A PRAYER ROUTINE ESTABLISH A SPECIFIC TIME AND PLACE FOR PRAYER EACH DAY, MAKING IT A NON-NEGOTIABLE PART OF YOUR ROUTINE.	PRAYING IN THE SPIRIT ASK THE HOLY SPIRIT TO GUIDE YOUR PRAYERS. SPEND TIME PRAYING IN A WAY THAT FEELS LED BY THE SPIRIT, WHETHER IN WORDS OR SILENCE.	OVERCOMING DISTRACTIONS IDENTIFY YOUR MAIN DISTRACTIONS DURING PRAYER AND FIND PRACTICAL WAYS TO MINIMIZE THEM, SUCH AS CREATING A QUIET SPACE OR TURNING OFF ELECTRONIC DEVICES.
CELEBRATING ANSWERED PRAYERS REFLECT ON AND WRITE DOWN RECENT ANSWERED PRAYERS. CELEBRATE GOD'S FAITHFULNESS BY SHARING THESE TESTIMONIES WITH OTHERS.	COMMITTING TO A LIFE OF PRAYER MAKE A COMMITMENT TO CONTINUE GROWING IN PRAYER. SET SPECIFIC GOALS FOR YOUR PRAYER LIFE AND ASK FOR GOD'S HELP TO STAY COMMITTED.	Path to Prayer Calendar & Daily Tasks				