





























FORGIVENESS

Father, help me to let go of all bitterness and anger, embracing forgiveness as a reflection of Your grace. Teach me to be tender-hearted and quick to forgive, just as You have forgiven me in Christ. Amen. Ephesians 4:31-32

THE SPIRIT



Lord, increase my trust in You. Help me to lean not on my own understanding but to acknowledge You in all my ways, confident that You will direct my paths. Amen. **Proverbs 3:5-6**

CULTIVATING THE FRUIT OF THE SPIRIT







