

SUN	MON	TUE	WED	THU	FRI	SAT
REFLECT ON HOW YOU DEFINE WORSHIP IN YOUR DAILY LIFE.	LIST GOD’S ATTRIBUTES; PRAISE HIM FOR EACH THROUGH SONG OR PRAYER.	CREATE A WORSHIP PLAYLIST; LISTEN DURING DAILY ACTIVITIES.	DEDICATE EACH TASK TODAY AS AN ACT OF WORSHIP TO GOD.	IDENTIFY ONE BIBLICAL COMMAND TO FOCUS ON OBEYING TODAY.	TAKE A NATURE WALK; PRAISE GOD FOR EACH DETAIL YOU SEE.	SPEND 10 MINUTES IN COMPLETE SILENCE, FOCUSING ON GOD’S PRESENCE.
PERFORM AN ANONYMOUS ACT OF KINDNESS TODAY.	START YOUR DAY BY WRITING DOWN THREE THINGS YOU’RE THANKFUL FOR.	READ A PSALM OUT LOUD; REFLECT ON ITS MEANING FOR YOU.	SKIP ONE MEAL; SPEND THE TIME IN PRAYER INSTEAD.	RISE EARLY TO PRAY SOLO, ASKING FOR DAILY GUIDANCE.	JOIN A PRAYER GROUP; CONTRIBUTE ACTIVELY.	SHARE A PERSONAL STORY OF FAITH WITH A FRIEND OR ONLINE.
PRIVATELY CONFESS AND REPENT A RECENT WRONGDOING.	WRITE A PRAYER FOR EACH FAMILY MEMBER, FOCUSING ON THEIR NEEDS.	ASK THE HOLY SPIRIT TO GUIDE YOUR DECISIONS TODAY.	DRAW OR PAINT A PICTURE THAT REPRESENTS A BIBLE VERSE.	DONATE TO A CHARITY; PRAY FOR ITS WORK AND IMPACT.	VERBALLY SHARE YOUR FAITH WITH SOMEONE NEW.	TAKE A COMPLETE REST FROM ELECTRONIC DEVICES FOR ONE HOUR.
MEDITATE ON A SINGLE SCRIPTURE; LET ITS MESSAGE RESONATE.	TURN ROUTINE CHORES INTO MOMENTS OF GRATITUDE AND PRAYER.	FORGIVE SOMEONE; LET GO OF A GRUDGE TODAY.	TAKE COMMUNION; MEDITATE ON ITS SPIRITUAL SIGNIFICANCE.	COOK A MEAL; SHARE IT WITH NEIGHBORS OR FRIENDS.	WRITE A THANK-YOU NOTE TO SOMEONE WHO HAS BLESSED YOUR LIFE.	REFLECT ON A HOPE-FILLED SCRIPTURE; SHARE IT WITH SOMEONE.
START THE DAY WITH SILENT PRAYER; SEEK GOD’S WILL.	REVIEW YOUR JOURNAL; THANK GOD FOR INSIGHTS AND GROWTH.	30 Days of Worship Calendar				